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# CYP1A1 Val<sub>462</sub> and NQO1 Ser<sub>187</sub> polymorphisms, cigarette use, and risk for colorectal adenoma

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## **Abstract**

Cigarette use is a risk factor for colorectal adenoma, a known precursor of colorectal cancer. Polymorphic variants in NQO1 and CYP1A1 influence the activation of carcinogenic substances in tobacco smoke, possibly impacting on tobacco-associated risks for colorectal tumors. We investigated the association of cigarette smoking with risk for advanced colorectal adenoma in relation to the CYP1A1 Val<sub>462</sub> and NOO1 Ser<sub>187</sub> polymorphic variants. Subjects were 725 non-Hispanic Caucasian cases with advanced colorectal adenoma of the distal colon (descending colon, sigmoid, and rectum) and 729 gender- and ethnicity-matched controls, randomly selected from participants in the Prostate, Lung, Colorectal, and Ovarian Cancer (PLCO) Screening Trial. CYP1A1 Val<sub>462</sub> and NQO1 Ser<sub>187</sub> individually were weakly associated with risk of colorectal adenoma, however, subjects carrying both CYP1A1 Val<sub>462</sub> and NQO1 Ser<sub>187</sub> alleles showed increased risks (OR=2.2, 95% CI=1.1-4.5), particularly among recent (including current) (OR=17.4, 95% CI=3.8-79.8, P for interaction=0.02) and heavy cigarette smokers (>20 cigarettes/day) (OR=21.1, 95% CI=3.9-114.4, P for interaction=0.03) compared to non-smokers who did not carry either of these variants. These genotypes were unassociated with risk in non-smokers. In analysis of adenoma subtypes, the combined gene variants were most strongly associated with the presence of multiple adenoma (P=0.002). In summary, joint carriage of CYP1A1 Val<sub>462</sub> and NOO1 Ser<sub>187</sub> alleles, particularly in smokers, was related to colorectal adenoma risk, with a propensity for formation of multiple lesions.

## Introduction

Colorectal adenoma is the major precursor of colorectal cancer [1,2]. Given the high prevalence of adenomas and the proportional rarity of colorectal cancers [3], identifying determinants of high-risk adenoma may facilitate the development of colorectal cancer preventive strategies. Cigarette smoking increases risk for colorectal adenoma, and probably also for colon cancer, at least among long-term smokers [4]. Most chemical carcinogens in cigarette smoke require metabolic activation by Phase I enzymes such as P450 enzymes and detoxification by Phase II enzymes [5-8]. Metabolic activation of PAHs by cytochrome P450 enzymes leads to oxidized derivatives, including quinones [9,10], resulting in large amounts of reactive oxygen species (ROS), which damage DNA [6,10,11].

CYP1A1 is a phase I metabolic enzyme which encodes the aryl hydrocarbon hydroxylase (AHH) enzymes responsible for the activation of a range of chemical carcinogens, including B(a)P and other PAHs [12]. In contrast, NQO1 protects cells against toxicity by catalyzing the two-electron reduction and detoxification of quinones to hydroquinones, impeding the formation of DNA-quinone adducts [5,13,14]. Thus, the coordinated expression and regulation of CYP1A1 and NQO1 enzymes and their enzymatic balance may determine the extent of cellular DNA damage and related development of cancer [15]. CYP1A1 Val 426 carriers exhibit higher levels of CYP1A1 enzymatic activity and inducibility, particularly in smokers [16], and smokers who carry this variant also have increased peripheral white blood cell PAH-DNA adducts [17]. However, differential enzymatic activity has not been consistently shown *in vitro* [18,19] and involvement of CYP1A1 Val 426 allele in several tobacco-related cancers is controversial.

Heterozygous and homozygous carriers of NQO1  $Ser_{187}$  allele are reported, respectively, to have an approximately three-fold decreased and completely null NQO1 enzyme activity towards carcinogens present in tobacco smoke [6,7,20,21]. Increased NQO1  $Ser_{187}$  allele frequency is also reported among cancer patients, including those with lung, bladder, and esophageal cancer and leukemia [15,22-24].

Although tobacco use is related to colorectal adenoma development, epidemiologic studies have not shown clear associations of either the *CYP1A1 Val*<sub>462</sub> or *NQO1 Ser*<sub>187</sub> alleles with colon cancer or colorectal adenoma [25]. We investigated the roles of these genetic variants in *CYP1A1* and *NQO1*, in relation to tobacco use, in a cancer early detection trial. The study focuses on advanced adenoma, i.e., tumors with greater potential for malignant transformation.

## Methods

The PLCO Trial

The National Cancer Institute (NCI) Prostate, Lung, Colorectal, and Ovarian (PLCO) Cancer Screening Trial randomized 77,483 screening arm participants (38,364 men, 39,119 women) and a similar number of non-screened controls, aged 55-74, at ten US screening centers (Birmingham AL, Denver CO, Detroit MI, Honolulu HI, Marshfield WI, Minneapolis MN, Pittsburgh PA, Salt Lake City UT, St Louis MO, and Washington DC) [26]. At study entry, flexible sigmoidoscopic visualization of the distal colon (60 cm) was done on participants in the screening group. If the sigmoidoscopic examination was suspicious for neoplasia (polyp or mass), screenees were referred for endoscopic follow-up, including histopathologic examination. All available pathology reports on the removed lesions were obtained and coded by trained medical abstractors (e.g., location, size, morphology). Questionnaire data

and biologic samples were acquired from study participants [27]. Participants provided written informed consent. The study was approved by the institutional review boards of the National Cancer Institute and the 10 screening centers.

## Selection of study subjects

The investigation is part of the National Cancer Institute Prostate, Lung, Colorectal, and Ovarian (PLCO) Cancer Screening Trial. Subject selection has been described in detail elsewhere [28,29]; in brief, cases and controls were drawn from screening-arm participants at the ten PLCO Trial screening centers between September 1993 and September 1999, who filled out risk factor questionnaires, had a successful sigmoidoscopy (insertion to at least 50 cm with >90% of mucosa visible or a suspect lesion identified), and provided a blood sample for use in etiologic studies (n=42,037). We further excluded 4,834 subjects with a selfreported history of ulcerative colitis, Crohn's disease, familial polyposis, colorectal polyps, Gardner's syndrome, or cancer (except for basal cell skin cancer). With a goal of including approximately 800 cases and 800 controls, we randomly selected 772 of 1,234 cases with at least one advanced colorectal adenoma (adenoma ≥1 cm or containing high-grade dysplasia or villous, including tubulovillous, elements) in the distal colon (descending colon and sigmoid, or rectum) and 777 of 26,651 control participants, with a negative sigmoidoscopy screening (i.e., no polyp or other suspect lesion), frequency-matched to the cases by gender and ethnicity (Non-Hispanic White, Non-Hispanic Black, Hispanic, and Other). For this investigation, we studied only Non-Hispanic Whites (94% of total subjects, including 725 cases of advanced adenoma and 729 controls) due to the small number of subjects with other ethnic/racial backgrounds and the significant heterogeneity in CYP1A1 Val462 allele frequencies between Non-Hispanic Whites and other ethnic groups (p<0.001).

## **Questionnaire** Data

Participants completed baseline general risk factor and food frequency questionnaires, reporting information on demographic characteristics, including education, race, and marital status, first-degree family history of cancer, body size, use patterns of tobacco, alcohol consumption, selected drugs and hormones, and usual dietary intake over the 12 months prior to enrollment. Detailed information on smoking history was collected, including ages started and stopped, total years of use, amount usually used, and type of tobacco use (cigarettes, pipes, and cigars). Individuals who did not smoke cigarettes for more than six months and did not smoke cigars or pipe for more than a year were considered nonsmokers. Subjects who used cigars or pipe for 1 year or more, but did not smoke cigarettes for more than six months, were considered as cigars/pipe users only.

Preliminary analyses of the PLCO study showed increased risks for advanced colorectal adenoma among subjects who were current smokers or had quit < 20 years before the study [30]. To assess time-dependent effects in adenoma risk, we contrasted risks between never smokers, smokers who had quit  $\geq$ 20 years ago, and smokers who were current users or had quit in the last 19 years. To assess dose effects, we contrasted never users, with smokers who consumed < 20 cigarettes per day, and smokers of  $\geq$ 20 cigarettes per day. Dietary nutrient intake was calculated by multiplying the reported frequency of consumption for relevant food items by gender- and nutrient-specific portion size [31], using the nutrient database from the U.S. Department of Agriculture [32]. Dietary intake of benzo[a]pyrene was calculated using a database developed by Kazerouni et al [33].

# Genotyping genetic variants

Genotyping of the two common variants, CYP1A1 (Ile<sub>462</sub>Val) and NQO1 (Pro<sub>187</sub>Ser), was performed by TaqMan<sup>TM</sup> assay (Applied Biosystems, Inc. Foster City, CA) using a 384 well plate and analyzed on an ABI 7900HT sequence detection system, plotted with SDS software. Assays were validated and optimized as described in the SNP500 Cancer website (http://snp500cancer.nci.nih.gov). Assay-specific primer/probe concentrations and thermocycling conditions are also available there for the CYP1A1-01 (rs# 1048943) and NOO1-01 assays (rs#1800566). Internal laboratory quality controls included four of each of the Coriell DNA samples containing homozygous major allele, heterozygous, and homozygous minor allele genotypes for each polymorphism under study and four no template controls in every 384 samples. Approximately 10% blinded quality control samples from 40 individuals were interspersed with the study samples, showing greater than 99% concordance. Genotype data were successfully obtained for 91% (CYP1A1 Ile<sub>462</sub>Val) and 90% (NQO1 Pro<sub>187</sub>Ser), respectively, of the study subjects. Individuals with insufficient DNA (7%), genotyping failures (0.9% for CYP1A1 Ile462Val and 4% for NOO1 Pro187Ser) were excluded from the study. We also dropped subjects (0.6 %) from analyses who had ambiguous genetic profiles, based on our standard quality control with 16 highly polymorphic markers. After exclusion of genotype failures, 700 cases and 708 controls were available for NQO1 (Pro<sub>187</sub>Ser) analysis and 675 cases and 679 controls were available for CYP1A1 (Ile<sub>462</sub>Val) analysis. The combined genotype status was examined in 668 cases and 668 controls.

## Statistical analysis

Genotypes for CYP1A1 Ile<sub>462</sub>Val and NQO1 Pro<sub>187</sub>Ser were assigned the scores: 0 - no variant allele, 1 - carrying one variant allele (Val<sub>462</sub> for CYP1A1 or Ser<sub>187</sub> for NQO1), and 2 - carrying two variant alleles. Hardy-Weinberg equilibrium was tested using the asymptotic Pearson's chi-square test. Odds ratios (ORs) for adenoma risk and 95% confidence intervals (CIs) were calculated using unconditional logistic regression. The regression coefficient corresponding to the integer score provides an overall measure of strength of association and is reported as the trend statistic.

The statistical significance of a multiplicative interaction term was tested using the likelihood ratio test, comparing logistic regression models with and without the appropriate interaction term. For testing interaction between a two-level genotype variable (absence/presence of variant alleles) and a three level smoking variable, we included the smoking variable in the logistic regression model as categorical for the main effect terms, and as ordinal (integer score) for the interaction term; the corresponding chi-square test for interaction has one degree of freedom.

We obtained estimates of adenoma risks by joint status of  $CYP1A1\ Val_{462}$ ,  $NQO1\ Ser_{187}$  and smoking. We present results from logistic regression models that included terms for the main effects and all second-order interaction terms involving  $CYP1A1\ Val_{462}$  genotype,  $NQO1\ Ser_{187}$  genotype, and smoking status. Logistic regression models that also included explicit terms describing the three-way gene-gene-smoking interaction were unstable. The test for gene-gene-smoking interaction was performed by comparing subjects who had both  $CYP1A1\ (Val_{462})$  and  $NQO1\ (Ser_{187})$  alleles against those who did not carry either of the variant alleles, and considering cigarette use as an ordinal variable (coded: 0,1,2: 0 - non-smokers; 1 - quit smoking >=20 years or smoked<20 cigarettes/day; and 2 - quit smoking <20 years or smoked>20 - cigarettes/day).

We studied whether the joint effect of *CYP1A1* and *NQO1* polymorphisms varied by three different characteristics of adenoma: size (≥1 cm vs. <1 cm), multiplicity (multiple vs. single), and presence of advanced histology. Based on a novel extension of polytomous logistic regression [34], we examined heterogeneity in the effect of the alleles by case-case OR parameter defined by each individual characteristics (comparing one subtype of case to another, e.g., large *vs.* small adenoma), after controlling for the other two characteristics (e.g., multiplicity and histology). Adjustment for first-degree family history of colorectal cancer, education, body mass index, and dietary intake of fiber and red meat did not substantially alter the results, and were not included in the analyses presented here. Age was weakly correlated with disease status, and was included as a covariate along with gender in the statistical analyses. All P values were two-sided. Individuals with missing values were excluded from specific analyses. All analyses were calculated using Stata (Stata Corporation, College Station, TX, version 8.0) and MATLAB (Mathwork Inc, version 5.3.1).

## **Results**

Gender was similar for cases and controls (Table 1). Cases tended to be older (p<0.001), more likely to report a first-degree family history of colorectal cancer (p=0.04), and had lower education (p=0.001). Among the 725 cases, 536 (74.0%) had a lesion  $\geq$  1 cm, 461 (63.6%) showed advanced histological features, and 228 (31.4%) had multiple adenoma.

Compared to non-smokers, risks for advanced adenoma were significantly increased among current and recent smokers (i.e., quit within the last 20 years) (OR=1.9, 95% CI=1.5-2.4) and among those who smoked 20 or more cigarettes/day (OR=1.7, 95% CI=1.3-2.3) (Table 2). Among cigar or pipe only users, no increased risk was observed. Dietary intake of benzo[a]pyrene did not alter the risk (data not shown).

Among controls, both CYP1A1 ( $Ile_{462}Val$ ) and NQO1 ( $Pro_{187}Ser$ ) genotype distributions were in Hardy-Weinberg equilibrium in whites. The NQO1  $Ser_{187}$  allele frequency was 0.18, similar to that reported (0.20) in a pooled analysis of other studies [25]. The CYP1A1  $Val_{462}$  allele frequency was 0.03, lower than reported (0.10) in the same pooled analysis [25]. The CYP1A1  $Val_{462}$  variant by itself was not associated with adenoma risk (Table 2), while the NQO1  $Ser_{187}$  variant showed a marginal association (OR=2.0, 95% CI=1.0-4.0 for those carrying two NQO1  $Ser_{187}$  variants, p trend=0.09, compared to those carrying none). Subjects carrying both CYP1A1  $Val_{462}$  and NQO1  $Ser_{187}$  variants had a significantly elevated risk (OR=2.2, 95% CI=1.1-4.5, P for interaction=0.02).

Compared to non-smoking non-carriers, recent smokers who carried at least one copy of *CYP1A1 Val*<sub>462</sub> allele (OR=3.8, 95% CI=1.5-9.9) and at least one *NQO1 Ser*<sub>187</sub> allele (OR=2.2, 95% CI=1.5-3.2) were at increased risk of adenoma. Subjects who smoked recently and carried both *CYP1A1 Val*<sub>462</sub> and *NQO1 Ser*<sub>187</sub> had the greatest risk (OR=17.4, 95% CI=3.8-79.8), compared to non-smokers lacking *CYP1A1 Val*<sub>462</sub> and *NQO1 Ser*<sub>187</sub> alleles (Table 3). Statistical tests for interaction showed greater increases in risk with recency of cigarette use among *CYP1A1Val*<sub>462</sub> carriers (P for interaction=0.03) and among carriers of both *CYP1A1 Val*<sub>462</sub> and *NQO1 Ser*<sub>187</sub> (P for interaction=0.02).

Similar patterns were noted when daily cigarettes use was considered (Table 4). CYP1A1  $Val_{462}$  carriers who smoked 20 or more cigarettes per day showed significantly increased risks (OR=6.4, 95% CI=1.8-22.3, p for interaction=0.007), compared to non-smokers carrying none of  $CYP1A1\ Val_{462}$ . Subjects who smoked 20 or more cigarettes per day and

carried both CYP1A1 Val<sub>462</sub> and NQO1 Ser<sub>187</sub> had the greatest risks, compared to non-smoking non-carriers (OR=21.1, 95% CI=3.9-114.4, P for interaction is 0.03).

Analysis of tumor type-specific risks showed that the combination of the  $CYP1A1\ Val_{462}$  and  $NQO1\ Ser_{187}$  variants together was more strongly associated with multiple compared to single adenoma (OR=4.1, 95% CI=1.7-10.2, p=0.002), and tended to be associated with non-advanced histology (for advanced tumors, OR=0.4, 95%CI=0.1-1.2) and smaller tumor size (for large tumors, OR=0.3, 95%CI=0.1-1.0). No such variation in risk was observed for the combinations of genotypes indicating carriage of one or the other variant only.

## **Discussion**

We found that smoking-associated risks for advanced colorectal adenoma tended to be greatest in *CYP1A1 Val*<sub>462</sub> and *NQO1 Ser*<sub>187</sub> carriers, particularly those who carried both gene variants, and that these genetic risks were not seen in nonsmokers. The evidence for the association between cancer at different sites with either *CYP1A1 (I462V)* or *NQO1 (P187S)* polymorphisms has been controversial [15,16,21-25,35-40]. A recent pooled analysis, including 4 studies of *CYP1A1 Val*<sub>462</sub> (460 cases and 742 controls), and 2 studies of *NQO1 Ser*<sub>187</sub> (570 cases and 501 controls), showed no clear overall associations between the *CYP1A1 Val*<sub>462</sub> or *NQO1 Ser*<sub>187</sub> variants and risk of colorectal cancer [25]. However, of the six studies, only two considered inter-relationships between genetic polymorphisms and tobacco use [37,42], with one suggesting protective effects of NQO1 *Pro*<sub>187</sub> among smokers (OR=0.434, 95%CI=0.13-1.2) [37].

NQO1 protects cells from carcinogens in cigarette smoke through competition with CYP1A1 for quinone substrates, inhibiting the formation of CYP1A1-generated metabolites and subsequent binding to DNA [14]. *NQO1 Ser*<sub>187</sub> allele has been linked to decreased NQO1 enzyme activity [6,7,20,21] and *CYP1A1 Val* <sub>426</sub> allele carriers were reported to have higher levels of CYP1A1 enzymatic activity and inducibility, particularly in smokers [16]. Thus, the presence of both the CYP1A1 variant related to increased metabolism to toxic compounds and the NQO1 variant related to decreased detoxification may result in greater doses in smokers of B(a)P reactive metabolites at the cellular level, yielding increased risks for B(a)P-associated diseases.

Using a recently developed statistical approach to evaluate the impact of risk factors on one of several overlapping disease characteristics [34], we found that carrying both *CYP1A1 Val*<sub>462</sub> and *NQO1 Ser*<sub>187</sub> variants was most strongly associated with risks for multiple, compared to single adenomas, and possibly to small, histologically less aggressive lesions. This is consistent with previous studies showing a relationship between tobacco use and adenoma multiplicity [43,44] and with data indicating that cigarette use is most strongly linked to colorectal cancer precursors than to cancer itself [45,46]. Although the underlying biological mechanism for this observation is still unknown, B(a)P metabolites of these enzymes may particularly influence the early stages of the adenoma-carcinoma sequence, i.e., the transition from normal colonic mucosa to early adenoma. Therefore, we speculate that the metabolic pathway with involvement of both CYP1A1 and NQO1 is more involved in early colorectal carcinogenesis, rather than the later development of large or more histologically aggressive tumors.

The large sample size in our study allowed us to examine inter-relationships of CYP1A1  $Val_{462}$ , NQO1  $Ser_{187}$  and smoking and to explore associations with specific adenoma sub-

types. Further study is needed to define these relationships for colorectal cancer and to examine risks in other population and ethnic groups.

Our study of more than 725 cases and 729 controls, selected from a colorectal cancer screening study, showed that  $CYP1A1\ Val_{426}$  and  $NQO1\ Ser_{187}$  carriers who smoke are at increased risk for colorectal adenoma, particularly for multiple colorectal adenoma. The findings point to involvement of B(a)P metabolic pathways in colorectal carcinogenesis.

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Table 1. Description of study subjects

|  |     | ntrols   | Cases<br>N=725 |        |  |
|--|-----|----------|----------------|--------|--|
| Characteristics                                  | N   | =729 (%) | N              |        |  |
| _  | 11  | (70)     | 11             | (%)    |  |
| Sex  |     |          |                |        |  |
| Male   | 502 | (68.8)   | 505            | (69.7) |  |
| Female   | 227 | (31.2)   | 220            | (30.3) |  |
| Age at interview                                 |     |          |                |        |  |
| 55-59  | 332 | (45.5)   | 241            | (33.3) |  |
| 60-64  | 192 | (26.3)   | 225            | (31.0) |  |
| 65-69  | 137 | (18.8)   | 162            | (22.3) |  |
| 70-74  | 68  | (9.34)   | 97             | (13.4) |  |
| First degree family history of colorectal cancer |     |          |                |        |  |
| No   | 664 | (91.1)   | 637            | (87.7) |  |
| Yes  | 65  | (8.9)    | 89             | (12.3) |  |
| Level of education, years                        |     |          |                |        |  |
| ≤11 year   | 41  | (5.6)    | 63             | (8.7)  |  |
| 12 years or high school                          | 170 | (23.4)   | 182            | (25.1) |  |
| Some college <sup>a</sup>                        | 233 | (32.0)   | 258            | (35.7) |  |
| College & above                                  | 284 | (39.0)   | 221            | (30.5) |  |
| Cases of Advanced Adenoma <sup>b</sup>           |     |          |                |        |  |
| Size of adenoma                                  |     |          |                |        |  |
| <1cm   | -   | -        | 125            | (17.2) |  |
| >=1cm  | -   | -        | 536            | (74.0) |  |
| Unknown  | -   | -        | 64             | (8.8)  |  |
| Multiplicity                                     |     |          |                |        |  |
| Single   | -   | -        | 497            | (68.6) |  |
| Multiple   | -   | -        | 228            | (31.4) |  |
| Advanced Histology <sup>c</sup>                  |     |          |                |        |  |
| No   | -   | -        | 264            | (36.4) |  |
| Yes  | -   | -        | 461            | (63.6) |  |

<sup>&</sup>lt;sup>a</sup> Post-high school and some college education.
<sup>b</sup> Case numbers are not mutually exclusive
<sup>c</sup> Adenomas with high-grade dysplasia, or villous elements.

Table 2<sup>g</sup>. Risk of colorectal adenoma by smoking and genotype status.

|   | Controls<br>N=729 |        | Cases |        |      |             |         |
|---|-------------------|--------|-------|--------|------|-------------|---------|
|   |                   |        | N:    | N=725  |      |             |         |
|   | N                 | (%)    | N (%) |        | OR   | (95% CI) a  | P trend |
| Smoking status                                    |                   |        |       |        |      |             |         |
| Non-smokers                                       | 296               | (40.8) | 245   | (33.9) | 1.0  | (Referent)  |         |
| Smokers   |                   |        |       |        |      |             |         |
| Cigar or pipe only                                | 42                | (5.8)  | 35    | (4.9)  | 1.1  | (0.6-1.8)   |         |
| Cigarette   | 391               | (53.4) | 445   | (61.2) | 1.4  | (1.1-1.8)   |         |
| Quit >=20 years                                   | 194               | (26.7) | 164   | (22.7) | 1.2  | (0.8-1.3)   |         |
| Quit <20 years <sup>b</sup>                       | 194               | (26.7) | 278   | (38.5) | 1.9  | (1.5-2.4)   |         |
| Trend statistic <sup>c</sup>                      |                   |        |       |        | 1.4  | (1.2-1.6)   | < 0.001 |
| <=20 cigarettes/day                               | 235               | (32.1) | 238   | (32.7) | 1.3  | (1.0-1.6)   |         |
| >20 cigarettes/day                                | 156               | (21.3) | 207   | (28.5) | 1.7  | (1.3-2.3)   |         |
| Trend statistic <sup>c</sup>                      |                   |        |       |        | 1.3  | (1.1-1.5)   | < 0.001 |
| CYP1A1 Val <sub>462</sub>                         |                   |        |       |        |      |             |         |
| 0   | 643               | (94.7) | 633   | (93.8) | 1.0  | (Referent)  |         |
| 1   | 36                | (5.3)  | 40    | (5.9)  | 1.1  | (0.7-1.9)   |         |
| 2   | 0                 | (0)    | 2     | (0.3)  | -    | _           |         |
| 1-2 <sup>d</sup>                                  | 36                | (5.3)  | 42    | (6.2)  | 1.1  | (0.7-1.8)   |         |
| Trend statistic <sup>e</sup>                      |                   |        |       |        | 1.3  | (0.9 - 1.9) | 0.23    |
| NQO1 Ser <sub>187</sub>                           |                   |        |       |        |      |             |         |
| 0   | 468               | (66.1) | 435   | (62.1) | 1.0  | (Referent)  |         |
| 1   | 228               | (32.2) | 243   | (34.7) | 1.1  | (0.9-1.4)   |         |
| 2   | 12                | (1.7)  | 22    | (3.2)  | 2.0  | (1.0-4.0)   |         |
| 1-2 <sup>d</sup>                                  | 240               | (33.9) | 265   | (37.9) | 1.2  | (0.9-1.4)   |         |
| Trend statistic <sup>e</sup>                      |                   |        |       |        | 1.2  | (0.98-1.5)  | 0.09    |
| Joint effect of CYP1A1 and NQO1                   |                   |        |       |        |      |             |         |
| CYP1A1 Val <sub>462</sub> NQO1 Ser <sub>187</sub> |                   |        |       |        |      |             |         |
| 0 0   | 419               | (62.7) | 400   | (59.8) | 1.0  | (Referent)  |         |
| 0 1-2   | 214               | (32.0) | 227   | (34.0) | 1.1  | (0.9-1.4)   |         |
| 1-2 0   | 23                | (3.5)  | 15    | (2.2)  | 0.6  | (0.3-1.2)   |         |
| 1-2 1-2   | 12                | (1.8)  | 26    | (4.0)  | 2.2  | (1.1-4.5)   |         |
| P interaction f                                   |                   |        |       |        | 0.02 |             |         |

P interaction f O.02

Adjusted for age and sex. b Includes current smokers.
COR for smoking status as an ordinal variable 0 (non-smokers), 1 (quit smoking >=20 years or smoked<=20 cigarettes/day), and 2 (quit smoking <20 years or smoked>20 cigarettes/day).
Carrying at least one CYP1A1 Val<sub>462</sub> or NQO1 Ser<sub>187</sub> allele.
COR for the number of alleles, as an ordinal variable: 0 - no variant allele; 1 - one variant (Val<sub>462</sub> for CYP1A1 or Ser<sub>187</sub> for NQO1); 2 - two variants.
P for interaction between two genes was obtained using ordinal variables.
Some numbers may not add up to the total, due to missing values.

Table 3 e. Risk of colorectal adenoma by recency of cigarette use and genotype status.

|                       |                       |              | Non-smoke  | ers                     | Past smo     | kers d (quit > | =20 years)              | Recent (quit <20 years) & current smokers <sup>d</sup> |            |      |                      |                              |
|-----------------------|-----------------------|--------------|------------|-------------------------|--------------|----------------|-------------------------|--|------------|------|----------------------|------------------------------|
|                       |                       | Controls (%) | Cases (%)  | OR (95%CI) <sup>a</sup> | Controls (%) | Cases (%)      | OR (95%CI) <sup>a</sup> | Controls (%)   | Cases (%)  | OR   | (95%CI) <sup>a</sup> | Trend statistic <sup>b</sup> |
| CYP1A1 (              | (Val <sub>462</sub> ) |              |            |                         |              |                |                         |  |            |      |                      |                              |
|                       | 0                     | 258 (93.1)   | 219 (96.0) | 1.0 (Referent)          | 172 (95.0)   | 144 (92.9)     | 1.0 (0.7-1.3)           | 172 (96.6)   | 243 (93.1) | 1.9  | (1.4-2.4)            | 1.4 (1.2-1.6)                |
| 1                     | 1-2                   | 19 (6.9)     | 9 (4.0)    | 0.6 (0.2-1.3)           | 9 (5.0)      | 11 (7.1)       | 1.3 (0.5-3.3)           | 6 (3.4)  | 18 (6.9)   | 3.8  | (1.5-9.9)            | 2.1 (1.1-4.2)                |
| P int                 | teraction             |              |            |                         |              |                |                         |  |            | 0.0  | 3                    |                              |
| NQO1 (Se              | er <sub>187</sub> )   |              |            |                         |              |                |                         |  |            |      |                      |                              |
|                       | 0                     | 189 (66.5)   | 158 (67.5) | 1.0 (Referent)          | 128 (67.0)   | 99 (62.7)      | 0.9 (0.6-1.3)           | 124 (65.6)   | 158 (58.1) | 1.7  | (1.2-2.3)            | 1.3 (1.1-1.5)                |
| 1                     | 1-2                   | 95 (33.5)    | 76 (32.5)  | 0.9 (0.6-1.3)           | 63 (33.0)    | 59 (37.3)      | 1.1 (0.7-1.6)           | 65 (34.4)  | 114 (41.9) | 2.2  | (1.5-3.2)            | 1.6 (1.3-2.0)                |
| P int                 | teraction             |              |            |                         |              |                |                         |  |            | 0.1  | 7                    |                              |
| CYP1A1                | NQO1                  |              |            |                         |              |                |                         |  |            |      |                      |                              |
| (Val <sub>462</sub> ) | (Ser <sub>187</sub> ) |              |            |                         |              |                |                         |  |            |      |                      |                              |
| 0                     | 0                     | 170 (63.2)   | 149 (67.4) | 1.0 (Referent)          | 113 (63.1)   | 93 (60.4)      | 0.9 (0.7-1.3)           | 110 (62.2)   | 140 (54.3) | 1.6  | (1.1-2.3)            | 1.2 (1.0-1.5)                |
| 0                     | 1-2                   | 81 (30.1)    | 64 (29.0)  | 0.9 (0.6-1.3)           | 57 (31.8)    | 50 (32.5)      | 1.0 (0.6-1.5)           | 61 (34.4)  | 100 (38.7) | 2.0  | (1.3-3.0)            | 1.6 (1.3-2.0)                |
| 1-2                   | 0                     | 10 (3.7)     | 1 (0.5)    | 0.2 (0.05-0.6)          | 7 (3.9)      | 4 (2.6)        | 0.5 (0.2-1.7)           | 5 (2.8)  | 8 (3.1)    | 1.9  | (0.7-5.6)            | 3.6 (0.8-15.3)               |
| 1-2                   | 1-2                   | 8 (3.0)      | 7 (3.1)    | 0.9 (0.3-2.5)           | 2 (1.1)      | 7 (4.5)        | 4.1 (1.1-14.9)          | 1 (0.6)  | 10 (3.9)   | 17.4 | (3.8-79.8)           | 5.5 (1.3-23.9)               |
| P int                 | teraction             |              |            |                         |              |                |                         |  |            | 0.02 | 2 °                  |                              |

Adjusted for age and sex.

b Trend statistics within each genotype subgroup for recency of cigarette use (Non-smokers=0, Past smokers (quit >=20 years)=1, Recent (quit<20 years) and current smokers=2, treated as a ordinal variable).

<sup>&</sup>lt;sup>c</sup> P value for interaction between both CYP1A1 Val<sub>462</sub> and NQO1 Ser<sub>187</sub> variant alleles present (1-2, 1-2) vs. no variant alleles (0, 0) and daily cigarette use (ordinal variable, coded as 0, 1, 2).

d Subjects who never used cigarettes, but used pipes or cigars for one year or more were excluded from this analysis. e Some numbers may not add up to the total due to missing values.

Table 4 <sup>e</sup>. Risk of colorectal adenoma by daily cigarette use and genotype status.

|                      |              | Non-smoke  | ers                     | <=           | =20 cigarettes | /day <sup>d</sup>       | >20 cigarettes/day <sup>d</sup> |            |                         |      |                |
|----------------------|--------------|------------|-------------------------|--------------|----------------|-------------------------|---------------------------------|------------|-------------------------|------|----------------|
|                      | Controls (%) | Cases (%)  | OR (95%CI) <sup>a</sup> | Controls (%) | Cases (%)      | OR (95%CI) <sup>a</sup> | Controls (%)                    | Cases (%)  | OR (95%CI) <sup>a</sup> | Tre  | nd statistic b |
| CYP1A1 (Val462)      |              |            |                         |              |                |                         |                                 |            |                         |      |                |
| 0                    | 258 (93.1)   | 219 (96.0) | 1.0 (Referent)          | 207 (94.5)   | 215 (94.3)     | 1.3 (1.0-1.7)           | 140 (97.9)                      | 175 (91.6) | 1.6 (1.2-2.2)           | 1.3  | (1.1-1.5)      |
| 1-2                  | 19 (6.9)     | 9 (4.0)    | 0.6 (0.2-1.3)           | 12 (5.5)     | 13 (5.7)       | 1.2 (0.6-2.9)           | 3 (2.1)                         | 16 (8.4)   | 6.4 (1.8-22.3)          | 2.9  | (1.3-6.6)      |
| $P_{ m interaction}$ |              |            |                         |              |                |                         |                                 |            | 0.007                   |      |                |
| NQO1 (Ser187)        |              |            |                         |              |                |                         |                                 |            |                         |      |                |
| 0                    | 189 (66.5)   | 158 (67.5) | 1.0 (Referent)          | 159 (69.7)   | 147 (62.8)     | 1.1 (0.8-1.5)           | 95 (61.3)                       | 111 (57.8) | 1.5 (1.1-2.2)           | 1.2  | (1.0-1.4)      |
| 1-2                  | 95 (33.5)    | 76 (32.5)  | 0.9 (0.6-1.3)           | 69 (30.3)    | 87 (37.2       | 1.5 (1.0-2.2)           | 60 (38.7)                       | 88 (44.2)  | 1.8 (1.2-2.7)           | 1.5  | (1.2-1.9)      |
| P interaction        |              |            |                         |              |                |                         |                                 |            | 0.32                    |      |                |
| CYP1A1 NQO1          |              |            |                         |              |                |                         |                                 |            |                         |      |                |
| (Val462) (Ser187)    |              |            |                         |              |                |                         |                                 |            |                         |      |                |
| 0 0                  | 170 (61.8)   | 149 (65.9) | 1.0 (Referent)          | 141 (65.3)   | 136 (49.1)     | 1.1 (0.8-1.6)           | 83 (58.0)                       | 99 (52.6)  | 1.4 (1.0-2.1)           | 1.2  | (1.0-1.4)      |
| 0 1-2                | 87 (31.6)    | 69 (30.5)  | 0.9 (0.6-1.3)           | 63 (29.2)    | 78 (55.3)      | 1.4 (0.9-2.1)           | 56 (39.1)                       | 74 (39.4)  | 1.6 (1.1-2.4)           | 1.4  | (1.1-1.8)      |
| 1-2 0                | 10 (3.7)     | 1 (0.5)    | 0.2 (0.05-0.6)          | 9 (4.2)      | 6 (40.0)       | 0.7 (0.2-2.1)           | 3 (0.2)                         | 6 (3.2)    | 3.0 (0.8-11.7)          | 3.2  | (0.9-11.6)     |
| 1-2 1-2              | 8 (2.9)      | 7 (3.1)    | 0.9 (0.3-2.5)           | 3 (1.3)      | 7 (70.0)       | 4.4 (1.2-15.7)          | 1 (0.07)                        | 9 (4.8)    | 21.1 (3.9-114.4)        | 10.6 | (1.6-68.5)     |
| P interaction        |              |            |                         |              |                |                         |                                 |            | 0.03 °                  |      |                |

Adjusted for age and sex.

Trend statistics within each genotype subgroup for daily cigarette use (Non-smokers=0, <=20cigarettes/day=1, >20cigarettes/day=2, treated as a ordinal variable).

P value for interaction between both CYP1A1 Val<sub>462</sub> and NQO1 Ser<sub>187</sub> variant alleles present (1-2, 1-2) vs. no variant alleles (0, 0) and daily cigarette use (ordinal variable, coded as 0,

d Subjects who never used cigarettes, but used pipes or cigars for one year or more were excluded from this analysis. e Some numbers may not add up to the total due to missing values.

Table 5. d, e Case-case OR a (95% CI) for subjects with  $CYP1A1(Val_{462})$  and  $NQO1(Ser_{187})$  alleles, by selected pathological characteristics.

| Number of CYP1A1(Val <sub>462</sub> ) & NQO1(Ser <sub>187</sub> ) alleles |  |           |                                 |                               |                                 |                         |       |  |  |  |
|---|--|-----------|---------------------------------|-------------------------------|---------------------------------|-------------------------|-------|--|--|--|
| Pathological  | CYP1A1 NQO1<br>(Val <sub>462</sub> ) (Ser <sub>187</sub> ) |           | CYP1A1<br>(Val <sub>462</sub> ) | NQO1<br>(Ser <sub>187</sub> ) | CYP1A1<br>(Val <sub>462</sub> ) | P trend                 |       |  |  |  |
| characteristics b   | 1-2  | 0         | 0                               | 1-2                           | 1-2                             | 1-2                     |       |  |  |  |
| Size <sup>c</sup>   |  |           |                                 |                               |                                 |                         |       |  |  |  |
| Large vs. Small   | 1.2  | (0.7-1.9) | 1.0                             | (0.2-5.7)                     | 0.3                             | (0.1-1.0)               | 0.05  |  |  |  |
| Advanced Histology  |  |           |                                 |                               |                                 |                         |       |  |  |  |
| Yes vs. No  | 1.6  | (1.1-2.3) | 0.9                             | (0.3-3.6)                     | 0.4                             | (0.1-1.2)               | 0.07  |  |  |  |
| Multiplicity  |  |           |                                 |                               |                                 |                         |       |  |  |  |
| Multiple vs. Single   | 1.3  | (0.9-1.9) | 1.0                             | (0.3-3.8)                     | 4.1                             | (1.7-10.2) <sup>d</sup> | 0.002 |  |  |  |

<sup>&</sup>lt;sup>a</sup> Adjusted for age, sex, and smoking, with analysis for each tumor characteristic controlled for the distribution of the other two tumor characteristics. Referent genotype group: no variant alleles (0, 0) in both genes.

<sup>&</sup>lt;sup>b</sup>Case numbers by tumor type are not mutually exclusive.
<sup>c</sup> Sixty-four subjects with unknown adenoma size were excluded.
<sup>d</sup> Subjects who never used cigarettes, but used pipes or cigars for one year or more were excluded from this

<sup>&</sup>lt;sup>e</sup> Some numbers may not add up to the total due to missing values.

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